



# MICHIGAN SPORTS & SPINE CENTER

Dear Patient:

Enclosed please find the necessary forms for your upcoming appointment with Dr. Jeff S. Pierce. If you have any questions please don't hesitate to call us at 248.680.9000 (Troy office), 248.426.9944 (Livonia office) or if you would like, any questions you may have can be addressed at the time of your appointment. Filling these forms out ahead of time will help us to get to you in and out in a timelier manner.

**When you come in for your appointment, please bring your driver's license, insurance card (s), worker's compensation information or any auto information you may have. Also if you have written radiologist reports, copies of any MRI's, X-Ray's or any other doctor notices addressing your injury please bring them with you.**

Thank you for your cooperation,

Michigan Sports & Spine Center  
248.680.9000 (Troy)  
249.426.9944 (Livonia)  
[www.michigansportsandspine.com](http://www.michigansportsandspine.com)



# MICHIGAN SPORTS & SPINE CENTER

Date: \_\_\_/\_\_\_/\_\_\_

## MICHIGAN SPORTS & SPINE CENTER P.C. PATIENT REGISTRATION

Patient Name: \_\_\_\_\_ SS#: \_\_\_ - \_\_\_ - \_\_\_ D.O.B.: \_\_\_\_\_ Age: \_\_\_\_\_ SEX: M F

Address: \_\_\_\_\_ Apt# \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_ Occupation: \_\_\_\_\_

Email address #1: \_\_\_\_\_ Email #2: \_\_\_\_\_

Employer Name & Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Name	Phone	Relation
------	-------	----------

Name of Primary Care Physician: \_\_\_\_\_ Office Phone: \_\_\_\_\_

Other Care Dr.: \_\_\_\_\_ Phone: \_\_\_\_\_

Dr.: \_\_\_\_\_ Phone: \_\_\_\_\_

Which Doctor may we thank for referring you? \_\_\_\_\_

Reason for visit: \_\_\_\_\_

### INSURANCE INFORMATION

Type of Insurance: Personal – P Auto – A Comp - C

Primary Carrier: \_\_\_\_\_ Type: \_\_\_\_\_

Name of Insured: \_\_\_\_\_ Relation: \_\_\_\_\_

D.O.B. \_\_\_/\_\_\_/\_\_\_ SS#: \_\_\_ - \_\_\_ - \_\_\_ Date Employed: \_\_\_/\_\_\_/\_\_\_

Employer Name & Address: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Group/Claim #: \_\_\_\_\_ Member ID#: \_\_\_\_\_

Secondary Carrier: \_\_\_\_\_ Type: \_\_\_\_\_

Name of Insured: \_\_\_\_\_ Relation: \_\_\_\_\_

Group/Claim#: \_\_\_\_\_ Member ID#: \_\_\_\_\_

I hereby authorize the release of any information concerning my (or my child's) health care, advice an treatment provided for the purpose of evaluation and administering claims for insurance benefits. I also hereby authorize payment of insurance benefits otherwise payable directly to the doctor.

\_\_\_\_\_  
Signature of Patient or Parent of Minor

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date



# MICHIGAN SPORTS & SPINE CENTER

## MICHIGAN SPORTS & SPINE CENTER P.C. PAST MEDICAL HISTORY FORM

Name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Marital Status:      Single      Married      Separated      Divorced      Widowed

Any Children:    Y    N      How many Children?: \_\_\_\_\_

Use of Alcohol          Never       Rarely       Moderate       Daily

Use of Tobacco          Never       Previously but quit       Currently Packs/Day: \_\_\_\_\_

Use of Drugs            Never       Type/Frequency: \_\_\_\_\_

Exercise and Recreation: \_\_\_\_\_

**Have you ever had any of the Following:** (Please circle if YES)

- |                   |              |                         |                 |
|-------------------|--------------|-------------------------|-----------------|
| Anemia            | Cancer       | Heart Disease           | Rheumatic Fever |
| Arthritis         | Diabetes     | Hepatitis/Liver         | Stroke          |
| Asthma            | Epilepsy     | Hernia                  | Thyroid         |
| Bleeding Tendency | GI           | High/Low Blood Pressure | Ulcer           |
| None              | Other: _____ |                         |                 |

**Mother and Father's Medical History** (Please Circle all that apply)

- |           |        |          |               |                         |        |
|-----------|--------|----------|---------------|-------------------------|--------|
| Arthritis | Cancer | Diabetes | Heart Disease | High/Low Blood Pressure | Stroke |
|-----------|--------|----------|---------------|-------------------------|--------|

Have you ever had any surgeries?    Y    N      If yes, please explain below

Procedure	Date	Dr. Name and/or Hospital
_____	____/____/____	_____
_____	____/____/____	_____
_____	____/____/____	_____
_____	____/____/____	_____

Been hospitalized (other than surgeries)    Y    N      If yes, please explain: \_\_\_\_\_

Please List all medications you are currently taking: \_\_\_\_\_

Please List all Allergies: \_\_\_\_\_

Have you ever had X-Ray, MRI, CT Scan, ETC?    Y    N

Name & Date of scan	Body part scanned	Name of Facility	Name of Dr. ordering scan
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_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Had an Electromyography (EMG)    Y    N      If yes, please explain: \_\_\_\_\_

Have you ever had Physical Therapy?    Y    N      If yes, last date of therapy \_\_\_\_\_ for what body part? \_\_\_\_\_

Been in a motor vehicle accident?    Y    N      If yes, please give dates: \_\_\_\_\_ Injuries: \_\_\_\_\_

Had an accident at work?    Y    N      If yes, please give dates: \_\_\_\_\_ Injuries: \_\_\_\_\_

Broken any bones?    Y    N      If yes, which bones?: \_\_\_\_\_

Office Review Signature: \_\_\_\_\_



# MICHIGAN SPORTS & SPINE CENTER

**Review of Systems: Please indicate any personal history below.**

**Constitutional Symptoms**

Good general health lately      No Yes  
Recent weight change            No Yes  
Fever                                    No Yes  
Fatigue                                No Yes  
Headaches                            No Yes

**Eyes**

Eye disease or injury            No Yes  
Wear glasses/contact lenses    No Yes  
Blurred or double vision        No Yes

**Ear/Nose/Mouth/Throat**

Hearing loss or ringing        No Yes  
Ear aches or drainage            No Yes  
Chronic sinus problem or rhinitis No Yes  
Nose bleeds                        No Yes  
Mouth sores                        No Yes  
Bleeding gums                    No Yes  
Bad breath or bad taste        No Yes  
Sore throat or voice change    No Yes  
Swollen glands in neck        No Yes

**Cardiovascular**

Heart trouble                      No Yes  
Chest pain or angina pectoris    No Yes  
Palpitation                        No Yes  
Shortness of breath w/walking or lying flat No Yes  
Swelling of feet, ankles or hands No Yes

**Respiratory**

Chronic or frequent coughs      No Yes  
Spitting up blood                No Yes  
Shortness of breath              No Yes  
Wheezing                         No Yes

**Gastrointestinal**

Loss of appetite                 No Yes  
Change in bowel movement      No Yes  
Nausea or vomiting              No Yes  
Frequent diarrhea                No Yes  
Painful bowel movements        No Yes  
Or constipation                    No Yes  
Rectal bleeding or blood in stool No Yes  
Abdominal pain                    No Yes

**Genitourinary**

Frequent urination                No Yes  
Burning or painful urination      No Yes  
Blood in urine                    No Yes  
Change in force of strain when urinating No Yes  
Incontinence or dribbling        No Yes  
Kidney stones                    No Yes  
Sexually difficult                No Yes  
Male – Testicle pain            No Yes  
Female – pain with periods      No Yes  
Female – irregular periods      No Yes  
Female – vaginal discharge     No Yes  
Female - # of pregnancies        \_\_\_\_\_  
Female - # of miscarriages        \_\_\_\_\_  
Female – date of last pap smear \_\_\_\_\_

**Musculoskeletal**

Joint Pain                        No Yes  
Joint stiffness or swelling      No Yes  
Weakness of muscles or joints    No Yes  
Muscle pain or cramps          No Yes  
Back pain                        No Yes  
Cold extremities                No Yes  
Difficulty in walking            No Yes

**Integumentary (skin, breasts)**

Rash or itching                  No Yes  
Change of skin color            No Yes  
Change of hair or nails        No Yes  
Varicose veins                  No Yes  
Breast Pain                      No Yes  
Breast lump                      No Yes  
Breast discharge                No Yes  
  
**Neurological**  
Frequent or recurring headaches No Yes  
Light headed or dizzy            No Yes  
Convulsions or seizures        No Yes  
Numbness or tingling sensation No Yes  
Tremors                         No Yes  
Paralysis                        No Yes  
Head Injury                      No Yes

**Psychiatric**

Memory loss or confusion        No Yes  
Nervousness                      No Yes  
Depression                        No Yes  
Insomnia                         No Yes

**Endocrine**

Glandular or hormone problem    No Yes  
Excessive thirst or urination      No Yes  
Heat or cold intolerance          No Yes  
Skin becoming dryer              No Yes  
Change in hat or glove size      No Yes

**Hematologic/Lymphatic**

Slow to heal after cuts            No Yes  
Bleeding or bruising tendency    No Yes  
Anemia                          No Yes  
Phlebitis                        No Yes  
Past transfusion                No Yes  
Enlarged glands                No Yes

**Allergic/Immunologic**

History of skin reaction or other adverse reaction to:  
Penicillin or other antibiotics    No Yes  
Morphine, Demerol, or other narcotics    No Yes  
Novocain or other anesthetics    No Yes  
Aspirin or other pain remedies    No Yes  
Tetanus antitoxin or other serums    No Yes  
Other drugs/medications: \_\_\_\_\_

Known food allergies: \_\_\_\_\_

Environmental allergies: \_\_\_\_\_

To the best of my knowledge, the questions on this form have been accurately answered. I understand that providing incorrect information can be dangerous to m health. It is my responsibility to inform the doctor's office of any changes in my medical status. I also authorize the healthcare staff to perform the necessary services I may need.

\_\_\_\_\_  
Signature of Patient, Parent or Guardian

\_\_\_\_\_  
Date

**Doctor's Review**

\_\_\_\_\_  
Signature of Doctor

\_\_\_\_\_  
Date



# MICHIGAN SPORTS & SPINE CENTER

## MICHIGAN SPORTS & SPINE CENTER P.C. Medical Information Release Authorization

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Social Security Number

\_\_\_\_\_  
Physician Name

I, \_\_\_\_\_, authorize Michigan Sports & Spine Center, Co, to Release/obtain information contained in the medical records of the patient identified above. I understand that these records are protected under federal regulations governing confidentiality and cannot be distributed without my written consent. I understand that I may revoke this consent at any time. I expressly waive any and all privileges that might otherwise attach to such records. Federal law prohibits the recipient of the above requested information from making any further disclosure except with the specific written consent of the person to whom it pertains.

Specific information to be disclosed:

<u>Record</u>	<input type="checkbox"/>	<u>Date of Service</u>
Bone Scan	<input type="checkbox"/>	_____
MRI	<input type="checkbox"/>	_____
CT Scan	<input type="checkbox"/>	_____
X-rays	<input type="checkbox"/>	_____
Medical Records	<input type="checkbox"/>	_____
EMG	<input type="checkbox"/>	_____

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date



# MICHIGAN SPORTS & SPINE CENTER

## MICHIGAN SPORTS & SPINE CENTER P.C. Insurance Payment Approval

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Employer

\_\_\_\_\_  
Claim Group

\_\_\_\_\_  
SS#/ID

I hereby instruct and direct \_\_\_\_\_ Insurance Company to pay by check made out and mailed to:

Michigan Sports & Spine Center  
1819 E. Big Beaver Road, Suite 210  
Troy, MI 48083  
TAX #38-3248485

If my current policy prohibits direct payment to the doctor, I hereby also instruct and direct you to make out the check to me and mail it as follows:

Michigan Sports & Spine Center  
1819 E. Big Beaver Road, Suite 210  
Troy, MI 48083

For the professional or medical expense benefits allowable and otherwise payable to me under my current insurance policy as payment toward the total charge for the professional services rendered. THIS IS A DIRECT ASSIGNMENT OF MY RIGHTS AND BENEFITS UNDER THIS POLICY. This payment will not exceed my indebtedness to the above mentioned assignee, and I have agreed to pay, in a current manner, any balance of said professional services charges over and above this insurance payment.

A photocopy of this assignment shall be considered as effective and valid as the original I also authorize the release of any information pertinent to my case to any insurance company, adjuster, or attorney involved in this case.

I authorize doctor to initiate a complaint to the insurance Commissioner for any reason on my behalf.

Date at Michigan Sports & Spine Center \_\_\_\_\_  
Month Day Year

\_\_\_\_\_  
Signature of Policyholder

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Signature of Claimant, if other than Policyholder



# MICHIGAN SPORTS & SPINE CENTER

MICHIGAN SPORTS & SPINE CENTER P.C.  
Notice of Privacy Practices

**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY. THE PRIVACY OF YOUR MEDICAL INFORMATION IS IMPORTANT TO US.**

## Overview

The law requires us to keep your protected health information (“PHI”) private in accordance with this Notice of Privacy Practices (“Notice”), as long as this Notice remains in effect. We are also required to provide you with a paper copy of this Notice, which contains our privacy practices, our legal duties, and your rights concerning your PHI.

From time to time, we may revise our privacy practices and the terms of our Notice, as permitted or required by applicable law. Such revisions to our privacy practice and our Notice may be retroactive. Our revised Notice will be made available to our patients prior to any significant revisions of our privacy practices and policies.

## Our Privacy Practice

Use and Disclosure. We may use or disclose your PHI for treatment, payment, or health care operations. For your convenience, we have provided the following examples of such potential uses or disclosures:

*Treatment.* Your PHI may be used by or disclosed to any physicians or other health care providers involved with the medical services provided to you.

*Payment.* Your PHI may be used or disclosed in order to collect payment for the medical services provided to you.

*Health Care Operations.* Your PHI may be used or disclosed as part of our internal health care operations, such as health care operations may include, among other things, quality care audits of our staff and affiliates, conducting training programs, accreditation, certification, licensing, or credentialing activities.

Authorizations. We will not disclose your medical information for any reason except those described in this Notice, unless you provide us with a written authorization to do so. We may request such an authorization to use or disclose.

Patient Access. We will provide you with access to your PHI, as describe below in the Individual Rights section of this Notice. With your permission, or in some emergencies, we may disclose your PHI to your family members, friends, or other people to aid in your treatment or the collection of payment. A disclosure of your PHI may also be made if we determine it is reasonably necessary or in your best interests for such purposes as allowing a person acting on your behalf to receive filled prescriptions, medical supplies, X-rays, etc.

Locating Responsible Parties. Your PHI may be disclosed in order to locate, identify or notify a family member, your personal representative, or other persons responsible for your care. If we determine in our responsible professional judgment that you are capable of doing so, you will be given the opportunity to consent to or to prohibit or restrict the extent or recipients of such disclosure. If we determine that you are unable to provide such content, we will limit the PHI disclosed to the minimum necessary.

Disasters. We may use or disclose your PHI to any public or private entity authorized by law or by its charter to assist in disaster relief efforts.

[1 of 2 pages of Notice of Privacy Practice](#)



# MICHIGAN SPORTS & SPINE CENTER

## MICHIGAN SPORTS & SPINE CENTER P.C. Notice of Privacy Practices

**Required by Law.** We may use or disclose your medical information when we are required to do so by law. For example, your PHI may be released when required by privacy laws, worker's compensation or similar laws, public health laws court or administrative orders, subpoenas, certain discovery requests, or other laws, regulations or legal processes. Under certain circumstances, we may make limited disclosures of PHI directly to law enforcement officials or correctional institutions regarding an inmate, lawful detainee, suspect, fugitive, material witness, missing person, or a victim of suspected victim of abuse, neglect, domestic violence or other crimes. We may disclose your PHI to the extent reasonably necessary to avert a serious threat to your health or safety or the health or safety of others. We may disclose your PHI when necessary to assist law enforcement officials to capture a third party who has admitted to a crime against you or who has escaped from lawful custody.

**Deceased Persons.** After your death, we may disclose your PHI to a coroner, medical examiner, funeral director, or organ procurement organization in limited circumstances.

**Military and National Security.** We may disclose to military authorities the medical information of Armed Forces personnel under certain circumstances when required by law; we may disclose your PHI for intelligence, counterintelligence, and other national security activities.

### Your Individual Rights

**Access and Copies.** In most cases, you have the right to review or to purchase copies of your PHI by requesting access or copies in writing to our Privacy Officer. Please contact our Privacy officer regarding our copying fees.

**Discloser Accounting.** You have the right to receive an account of the instances, if any in which your PHI was disclosed for purposes other than those described the following sections above; Use and Disclosures, Patient Access, and Locating Responsible Parties. For each 12-month period, you have the right to receive one free copy of an accounting certain details surrounding such disclosures that occurred after April 13, 2003. If you request a disclosure accounting more than once in a 12-month period, we will charge you a reasonable, cost based fee for each additional request. Please contact our Privacy Officer regarding these fees.

**Additional Restrictions.** You have the right to request that we place additional restrictions on our use or disclosure of your PHI, but we are not required to honor such request. We will be bound by such restrictions only if we agree to do so in writing signed by our Privacy Officer.

**Alternate communications.** You have the right to request that we communicate with you about your PHI by alternative means or in alternate location. We will accommodate any reasonable request if it specifies in writing the alternatives means or location, and provides a satisfactory explanation of how future payments will be handled.

**Amendments to PHI.** You have the right to request that we amend your PHI. Any such request must be in writing and contain a details explanation for the requested amendment. Under certain circumstances, we may deny your request but will provide you with a written explanation of the denial. You have the right to send us a statement of disagreement to which we may prepare a rebuttal, a copy of which we will provided to you at no cost. Please contact our Privacy Office with any further questions about amending your Medical Record.

### Complaints

If you believe we have violated your privacy rights, you may file a complaint with us by notifying our Privacy Officer. We support your right to protect the privacy of your medical information. We will not retaliate in any way if you choose to file a complaint with us or with the Secretary of the U.S. Department of Health and Human Services.

### Privacy Officer

Kathy Finazzo  
1819 E. Big Beaver Road, Suite 210, Troy, MI 48083  
Phone (248) 680-9000 Fax (248) 680-2929

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# MICHIGAN SPORTS & SPINE CENTER

MICHIGAN SPORTS & SPINE CENTER P.C.  
Received Notice of Privacy Practices

**THE UNDERSIGNED PATIENT OR AUTHORIZED REPRESENTATIVE OF THE PATIENT ACKNOWLEDGES THAT HE OR SHE PERSONALLY RECEIVED A COPY OF THE MICHIGAN SPORTS & SPINE CENTER, P.C.'S NOTICE OF PRIVACY ON THE DATE INDICATED BELOW:**

PATIENT NAME: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

I hereby give permission to Michigan Sports & Spine Center, P.C. to disclose my PHI to the personal representative(s) indicated below:

REPRESENTATIVE: \_\_\_\_\_ TITLE/RELATIONSHIP: \_\_\_\_\_

REPRESENTATIVE: \_\_\_\_\_ TITLE/RELATIONSHIP: \_\_\_\_\_

The employee made an attempt to deliver a copy of the Michigan Sports & Spine Center, P.C. Notice of Privacy Policies to the above Patient.

EMPLOYEE NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

EMPLOYEE SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

Effective January 1, 2006, all patients will be REQUIRED TO PAY their co-pay at the time of service. Alternatively, a portion if not all of the remaining balance must be paid prior to being seen by the doctor.

PATIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

The fee for medical record copies is \$25.00. Payment due upon request.

Thank you,

Michigan Sports & Spine Center



# MICHIGAN SPORTS & SPINE CENTER

TO: ALL PATIENTS OF MICHIGAN SPORTS & SPINE CENTER P.C.

RE: NO CALL NO SHOW POLICY/FEE

Dear Michigan Sports and Spine Patient,

Effective January 1, 2005 Michigan Sports & Spine Center will charge a \$25 fee for anyone that does not provide 24 hour notice to cancel their appointment and for those individuals that do not show for their appointment. This fee will be payable prior to your next scheduled appointment.

This policy is being put into effect due to the recent increase in patients not showing for their schedule disappointment. When patients do not show for their scheduled appointments, this decrease the amount of care we can provide for other patients in need. That time is set aside for you, and if you are unable to make that time, someone else could be scheduled in place.

If you have a total of three no call/no shows, your care as a patient will be suspended and you will be given a list of other physicians you may choose to visit. If you wish to come back to this office, you will not be scheduled immediately; it will take some time to schedule you in any office due to your history or poor attendance for appointments.

By signing below, I understand this policy of Michigan Sports & Spine and understand I am responsible for payment of \$25.00 if I do not provide proper notice of canceling my scheduled appointment.

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date



# MICHIGAN SPORTS & SPINE CENTER

MICHIGAN SPORTS & SPINE CENTER P.C.  
Physicians Referral Form

Patient Name: \_\_\_\_\_ Phone Number: h \_\_\_\_\_ w \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Referring Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

**CONSULT & TREAT**

**CONSULTATION**

**LOW BACK PAIN**

LE SYMPTOMS R L B

THORACIC PAIN

CERVICAL PAIN

UE SYMPTOMS R L B

**EXTREMITY PAIN**

SHOULDER R L B

ELBOW R L B

WRIST / HAND R L B

HIP R L B

KNEE R L B

ANKLE / FOOT R L B

OTHER \_\_\_\_\_

**MANUAL MEDICINE**  **ELECTROMYOGRAPHY**

UPPER EXTREMITY R L B

LOWER EXTREMITY R L B

Rule Out \_\_\_\_\_

**SPINAL INJECTIONS**

CAUDAL EPIDURAL

COSTOVERTEBRAL BLOCK

FACET INJECTION

MEDIAN BRANCH BLOCK

SELECTIVE NERVE ROOT BLOCK

TRANSLUMBAR BLOCK

OTHER \_\_\_\_\_

**EVALUATE & RECOMMEND**

LUMBAR LEVEL \_\_\_\_\_

THORACIC LEVEL \_\_\_\_\_

CERVICAL LEVEL \_\_\_\_\_

\_\_\_\_\_  
Referring Physician's Signature

\_\_\_\_\_  
Date

**Please have Patient bring copies of all X-Ray, MRI, CT Scan or EMG Reports pertaining to this condition.**

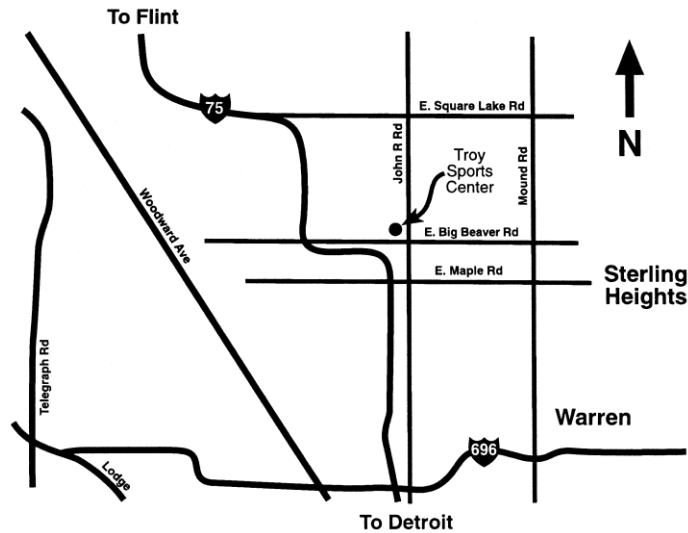


# MICHIGAN SPORTS & SPINE CENTER

MICHIGAN SPORTS & SPINE CENTER P.C.  
Practice Locations

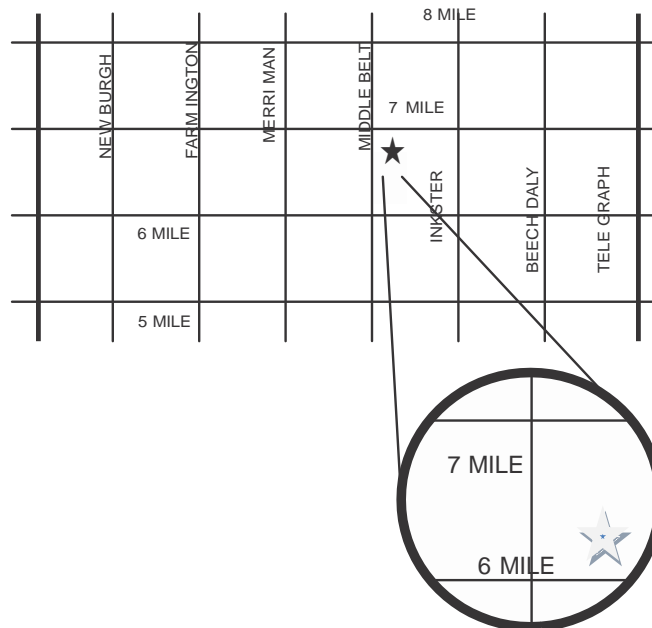
## Troy

• 1819 E. BIG BEAVER RD. • SUITE 210 • TROY, MI 48083 •  
248.680.9000



## Livonia

• 18312 MIDDLEBELT ROAD • LIVONIA, MI 48152 •  
248.426.9944



✦ Michigan Sports & Spine Center ✦  
248.680.9000 Troy • 248.426.9944 Livonia  
[www.michigansportsandspine.com](http://www.michigansportsandspine.com)



# MICHIGAN SPORTS & SPINE CENTER

Michigan Sports & Spine Center is proud to announce our monthly newsletter.

Informative topics will be:

- Injury Prevention
- Nutrition
- Sports Medicine
- Latest Treatment Options

...along with many other hot, current topics.

You will also have the opportunity to ask questions and win prizes!

All we need is your email address to get started:

Email: \_\_\_\_\_

Name: \_\_\_\_\_