

Keep your Head in the Game

Sports Health Seminar Series

Sponsored by:



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Presented by:

Michigan Sports & Spine Centers
CORE Sports Fitness



Dr. Tarek Hadla and Dr. Jeff S. Pierce, Medical Director of Michigan Sports & Spine Centers and Co-Owner of CORE Sports Training along with Kris Draper, will provide you with information that will raise awareness on the seriousness of **Concussions in Youth sports**. They will enlighten you with the newest research on concussion management & prevention.

- **WHEN** is it safe for athletes to return to sports after a concussion?
- Common, but **missed signs** and **symptoms** of a concussion.

When: April 12, 2011
Where: Boys & Girls Club, Troy
(3670 John R Road, Troy)
Time: 7:30 - 9:00 p.m.

WHO SHOULD ATTEND?

Coaches - Parents
Athletes - Trainers
Anyone who is involved in sport
and recreational activities.

REGISTER at
coresportsfitness.com

Michigan Sports & Sports
CORE Sports Fitness

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No cost for admission....just a valuable use of your time!